

INFORMATION SHEET: CONTENT AND SENSORY STIMULI

Dear Artists,

in addition to the programme notes, we endeavour to provide more information about the content and sensory elements of the performances. Depending on one's own sensitivity and experience, engaging with certain themes may be found distressing.

To ensure that audience members do not feel unduly distressed by the content shown, we provide advance information on topics such as physical, emotional or sexual violence, depictions of displacement and war, self-harm, suicide and discriminatory language.

Strong sensory stimuli such as strobe lighting, loud noise or rapid image changes can pose a health risk and are therefore also described above.

We provide this information to the best of our knowledge to help theatregoers better decide for themselves which plays they would like to see. Our aim is to make the theatre experience more accessible and inclusive for our audience.

One criticism of such warnings is that they give away parts of the production. As we believe in the autonomy of theatregoers, we leave it up to each individual to decide whether they wish to read the warnings. On our website, therefore, the warnings are only displayed if they are actively 'expanded'.

Please feel free to contact us if you have any questions!